

# HKCOS EDUCATIONAL DAY IN KNEE - DAY TWO FEBRUARY 1<sup>ST</sup> 2020



11:00 am – 1:00 pm	PRIMARY ACLR – PART II	Lecture theatre, F3, O&T, QEH
	<b>SURGICAL VIDEO AND PRESENTATION SERIES</b>	
	<b>MY FAVOURITE ACL RECONSTRUCTION IN .....</b>	
11:00 – 11:05	<b>A 25-year old male elite athlete with chronic ACL injury for three years</b>	Case presentation
11:05 – 11:15	Single bundle – BPTB	WONG YB
11:15 – 11:25	Double bundle – Hamstring	HO HM
11:25 – 11:35	Combined ACLR + ALLR	YAU WP
	<b>INTERACTIVE CASE DISCUSSION - SESSION I</b>	
11:35 – 11:40	CASE PRESENTATION AND GROUP DISCUSSION	
11:40 – 12:10	A 18-year old girl with generalized ligamentous laxity	GROUP DISCUSSION
	Acute ACL tear + Grade 3 MCL injury in a 20-year old college soccer player	GROUP DISCUSSION
	ACL rupture in a 14-year old skeletal immature boy	GROUP DISCUSSION
12:10 – 12:30	PRESENTATION OF OPINION OF GROUP	
	<b>SURGICAL VIDEO AND PRESENTATION SERIES</b>	
	<b>Graft harvest in ACLR - How I do it .....</b>	
12:30 – 12:40	Medial Hamstring Harvest – Posterior Approach	YAU WP
12:40 – 12:50	Quadriceps tendon Graft	YAU WP
	<b>DIDACTIC LECTURE SERIES</b>	
12:50 – 13:00	Tips and Tricks in improving results after ACLR	HO HM
13:00	<b>ROUND UP</b>	